



2018-2019  
School Year

# AUGUST MENU

Elementary &  
Jr./Sr. High Schools

NORTHWOOD-KENSETT

COMMUNITY SCHOOL DISTRICT

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3
6	7	8	9	10
13	14	15	16	17
20	21 22 23 <b>SALAD BAR AVAILABLE DAILY AT THE JR./SR. HIGH SCHOOL</b>			24
27 <b>BREAKFAST:</b> Yogurt Parfaits/ Toast/Cereal, Fruit, Juice, Milk <b>LUNCH:</b> Beef Nachos w/Toppings, Corn*, Green Beans, Fruit, Milk	28 <b>BREAKFAST:</b> Muffin/Toast/ Cereal, Fruit, Juice, Milk <b>LUNCH:</b> Crispy Chicken Wrap w/Toppings, Glazed Carrots, Cucumber FF, Fruit, Milk	29 <b>BREAKFAST:</b> French Toast Sticks/Toast/Cereal, Fruit, Juice, Milk <b>LUNCH:</b> Spaghetti & Meat Sauce, Garlic Twist Breadstick, Lettuce Salad w/Grape Tomatoes, Fruit, Milk	30 <b>BREAKFAST:</b> Muffin/Toast/ Cereal, Fruit, Juice, Milk <b>LUNCH:</b> Ham & Turkey Sub, Baked Beans, Baby Carrots FF, Fruit, Milk	31 <b>BREAKFAST:</b> Scrambled Eggs & Ham/Toast/Cereal, Fruit, Juice, Milk <b>LUNCH:</b> Sloppy Joe on Bun, Crinkle Cut Fries, Broccoli, Fruit, Milk